

# Our St. Paul October 2022

## YOUR St. Paul Team

Rev. Michelle Torigian, Senior Pastor Patrick Kinney, Facility Manager Tristan Frampton, Director of Music Sherry Wilhelm, Office Coordinator Kathy Buehler, Bookkeeper Evan Wilhelm, Support Staff Ian Hipkins, Technology Coordinator

#### **OFFICE HOURS** Monday - Thursday 8:30am-4pm Friday 9am-12pm







To ensure we have enough tables set up, please email Peggy Burke and let her know your team/group will participate: pegb64@gmail.com

**OUR ST. PAUL** is published monthly. It is edited by our pastor and produced by the office staff. Material for inclusion may be sent to the church noted for Our St. Paul.

ISSUE October DEADLINE

September 23rd

MAIL DATE October 1st

#### Pastor's Message - Autumn's Guilty Pleasures and Quirky Joys

Recently, I saw a post on social media by someone named "Mr. Roger" which said the following: "Could we, without relentlessly criticizing, let people have their pumpkin spice, and avocado toast, and their fandoms, and their D&D, and their too-early-Halloween decorations, and whatever little harmless things in which they've manage to find a tiny shriveled flower of joy?"

How often do we see someone judging another because they adore too many pumpkin spice flavors and scents, love eating candy corn, and start putting up Christmas decorations at the beginning of November? We know life can be short, and in most of our lives, we don't have huge celebrations each month, or even each year. But in the meantime, there are so many small beautiful moments and guilty pleasures that God has afforded us - even when they seem a bit quirky.

For me, guilty pleasures include my Thursday evening ritual of watching new episodes of Grey's Anatomy, enjoying the smell of a caramel or vanilla candle, and, as we get closer to the holidays, sipping on a warm peppermint mocha latte. I savor the time my husband and I have playing board games together and my daily ritual of attempting to solve the Wordle word game. And my quirky joys include following the "fandoms" of Ted Lasso and Parks and Rec.

Ecclesiastes has given us that nudge into the joy we can embrace throughout our lives: Chapter 8 notes this: "So I commend enjoyment, for there is nothing better for people under the sun than to eat, and drink, and enjoy themselves, for this will go with them in their toil through the days of life that God gives them under the sun." The writer repeats the sentiment again in chapter 9: "Go, eat your bread with enjoyment, and drink your wine with a merry heart; for God has long ago approved what you do."

Of course, our quirky joys and guilty pleasures should not harm us or another person or our relationship with them or cause a barrier between us and God. But what seems like our own personal weirdness or quirks is God's image within us. Denying them because they seem "cheesy" or because someone finds them they too feed our souls would be to forgo our authenticity and the beauty of God's reflection upon our souls.

So stream your favorite shows for the fifth time, drink your pumpkin spice, eat a handful of candy corn, and start putting up your Christmas decorations. For God has long ago approved of what you do.

Autumn Blessings! Pastor Michelle





### **CARING FOR HORSES AT DUBOIS**

We're teaming with our friends at Trinity UCC. Please consider sponsoring the horses at Camp Dubois. Here are some items your donation would provide! Contact the St. Paul UCC church office to make a donation:



- Mineral salt block \$10 these irresistible blocks of lickable salt are thrown out with the hay during the summer months to improve our horses' nutrition, and to help them refuel after long days of fun with campers.
- Bag of horse feed \$15
- Alfalfa cubes \$30 These are absolutely required for adequate nutrition for our senior horses to enjoy their "retirement" here with happy bellies and strong bodies.
- Equestrian helmet \$50
- Feed a horse for a month for \$65
- New halter and reins \$80
- New saddle \$500

MEETING ANNOUNCMENT Informational meeting for the Usher Team and Welcome Team on Sunday, October 16th following worship service. Members are invited to get their breakfast plates and join in the new large meeting room across from the office. The Safety Team will be joining us. Thank you!

Flowers, music and bulletin sponsorships are a lovely way to honor the memory, birthday or achievement of your loved one. To sign up, you can call the church office or there are sign up sheets located on the bulletin board in the hallway outside the office. Cost is \$35.00.



#### YOGA GOLD - COMING TO ST. PAUL UCC ON OCT. 31ST

Yoga Gold is a one-hour yoga class created specifically for active older adults looking to improve strength, flexibility and balance. Whether you are familiar with yoga or a beginner, you are welcome to join us on Mondays 10:30-11:30AM at St. Pauls UCC in the Heritage Hall (115 W. B St, Belleville, IL 62220). Please bring a yoga mat and wear cozy clothes.

Weekly practice of yoga will improve the body's balance and performance. It will also relax and open the mind space. Yoga Gold is a great place to meet and make friends. Students should be able to get down on the floor and back up on their own.

Class drop-in rate is \$10. Class packages are 3/\$25 or 6/\$50 with no expiration date on the package. Yoga Gold is taught by Jessica Pollock, who owns The Yoga Connection 1103, LLC. For more information, contact Jessica at (618)920-0293.

Sunday, October 2, 2022 World Communion Sunday & Neighbors in Need Special Offering





For more information call St. Clair County Office on Aging: 618-234-4410 ext.

#### **Senior Pickle Ball**

Pickle ball is a combination of tablet tennis, badminton and tennis. This sport is played on an indoor badminton court with a racquet and whiffle ball. A low impact/ low risk activity:

> Mondays & Wednesdays @ 9-11am, Fridays 9:15-11:15

St Paul UCC ACTIVITY CENTER 115 W B Street

	Sun	Mon	Tue
		00000	0000
C	2 9am Worship 10am Coffee & Doughnuts World Communion Day! Neighbors in Need National Custodial Worker's Day	3 9am-Pickle Ball	4 9am-Quilters 10am-Bible Study 11am-PEO 2pm-Pastoral Relations 5pm-Community Dinner
	9 9am Worship 10am Coffee & Doughnuts <i>Clergy Appreciation Day</i>	10 Indigenous People Day Columbus Day <b>OFFICE CLOSED</b> World Mental Health Day	11 9am-Quilters 10am-Bible Study 1pm-Shufflers-Library 5pm-Finance Mtg 5pm-Community Dinner
	16 9am Worship 10am Culinaires' Breakfast 10am Meeting w/ushers, welcome team & safety team	17 9am-Pickle Ball 1:30-Christian Ed 7pm-Executive Council	National Coming Out Day 18 9am-Quilters 10am-Bible Study 1pm-Mats for Community 5pm-Community Dinner
₹ ×	23 9am Worship 10am Coffee & Doughnuts St. Paul Time & Talent Fair during coffee hour	24 9am-Pickle Ball	25 9am-Quilters 10am-Bible Study 5pm-Community Dinner
TRICK TREAT	30 9am Worship 10am Coffee & Doughnuts	31 9am-Pickle Ball 10:30-Yoga Gold starts 4:30-Investment Mtg HAPPY HALLOWEEN!	

Wed	Thu	Fri	Sat
00000	5000		1 Alzheimer's Walk Metro East Pride
5 9am-Pickle Ball 1om-With You 4:30pm-Glory Ringers 6pm-Chancel Choir <i>World Teacher's Day</i>	6 National German-American Day	7 9:15 am-Pickle Ball World Smile Day	8 10am-Centering Prayer
12 9am-Pickle Ball 4:30pm-Glory Ringers 6pm-Chancel Choir 6:30pm-Mission Meeting	13 11am-PEO 7pm-Personnel Meeting	14 9:15 am-Pickle Ball	15
National Farmer's Day		National Dessert Day	National Sweetest Day
19 9am-Pickle Ball 1pm-Women's Guild 4:30pm-Glory Ringers 6pm-Chancel Choir	20 6pm-Council Meeting	21 9:15 am-Pickle Ball	22 10am-Centering Prayer
	National Youth Confidence Day		National Make A Difference Day
26 9am-Pickle Ball 4:30pm-Glory Ringers 6pm-Chancel Choir	27	28 9:15 am-Pickle Ball	29
National Day of the Deployed	Navy Day	National First Responders Day	National Cat Day
October is Church Library and Church Safety & Security Month!			

## SIGN UP SHEETS ARE LOCATED IN THE WELCOME CENTER!



#### Attention:

We want to know YOU are here! Please make sure to sign in on the pew pad in your pew. Thank you!

## MATS FOR COMMUNITY COMFORT

NEXT MEETING Tuesday, Oct 18th from 1-3pm in the craft room



THANK YOU FOR SHARING AND CARING, SANDY RITTER

> Join us for bible study! Listen Up

Series - John

Every Tuesday

@ 10am

in the Genesis Room



Revenues	2022 Final Budget	2022 August Actuals	YTD Actuals	<u>% of</u> <u>Budget</u>
Congregational Offerings	379,198	22,928	248,421	65.51>
MDO Tuition/Other Income	55,110	0	20,601	37.38>
MDO Fundraiser / Memorials	0	0	2,019	N/A
Special Stewardship Events	5,000	(864)	563	11.25%
Rental Income - 205 W B Street	10,500	850	6,800	64.76>
Building Fund	21,000	1,273	15,502	73.825
Outreach / Various Missions	0	518	26,566	N/A
Memorials	11,000	720	5,870	53,36%
Bequests	0		0	N/A
Building Income	2,500	550	1.630	65.205
Pastoral Honorarium	1,200		950	79.175
	1,200			N//
Pastoral Expense Revenue Investment Income / Michelson Income	14,000	(000)	(6) 15.975	114.112
			676,01 0	14.10 N//
Endowment Distribution (per guidelines)	98,500			260.235
Endowment Distribution (Cap. Exp.)	15,000	-	39,035	
Other Income	1,200		1,908	159.00;
Total Operating Revenues	614,209	25,909	385,833	62.825
Team Revenues	6,000	769	6,290	104.84;
Capital Expenses			0	NØ
HH Window Repair & Paint			0	Nb
Grand Total	620,209	26,677	392,123	63.227
Expenses				
Personnel	(301,950)	(18,570)	(168,165)	55.69;
Administrative Support	(53,350)	(2,941)	(34,708)	65.06>
(formerly Operating Expenses)	(,			
Outreach (formerly Mission Board)	(13,970)	(1,847)	(17,448)	124.90
Education (MDO listed separately)	(2,900)	0	(1,837)	63.335
Stewardship	(1,675)	0	(680)	40.595
Property	(191,043)	(17,032)	(108,045)	56.567
Congregational Care (formerly Worship Bd)	(18,245)	(855)	(4,400)	24.12;
MDO	(55,110)	0	(28,456)	51.635
General Fund	0	0	0	NR
Total Operating Expense	(620,209)	(41,246)	(363,738)	58.65
Difference between Revenue & Expenses	0	(14,569)	28,385	



## Anniversaries & Birthdays

#### **October Wedding Anniversaries**

10/1-Dana Rosenzweig & Beverly Brightwell 10/7-Kenneth & Leslie Dahm 10/8-Bill & Sharon Guthrie 10/11-Michael & Patricia Pierce 10/21-James & Donna Thomas 10/26-Rick & Diana Haar 10/27-Terry & Deborah Meyer 10/29-Andrew & Brittany Elser

#### **October Birthdays**



10/1-Leslie Dahm 10/2-Judith Beisiegal 10/3-Jack Snyder 10/3-Bev Vokes 10/4-Jean Chamberlin 10/4-Lisa Quandt 10/4-Jack Wilson 10/6-Beverly Clark 10/8-Megan Dahm 10/12-Karen O'Hara 10/13-Alan Keuss 10/13-Cadence Keplar 10/14-Ava Hasheider 10/16-Carl Schneider 10/18-Lauren Shepard 10/19-Jim Young 10/22-Carol Weidemann 10/24-Daniella Hernandez 10/25-Stephenie Bauza 10/25-Scott Gentry 10/27-Gary Buckrod 10/29-Fran West 10/29-Alec Zaber







#### **ATTENDANCE & OFFERINGS**

August 2022 Attendance: 9am 304 + Online August 2022 All Gifts: \$32,737.55 <u>August 2021</u> 9am: 268 & 6pm: 19 <u>August 2021</u> All Gifts: \$28,880.66

Gifts exclude MDO revenue and endowment distributions, but does include investment income.

## MEMORIALS AND GIFTS

The following memorials and gifts have been received by St. Paul Church: <u>TO THE GLORY OF GOD AND IN LOVING MEMORY OF</u>:

#### **IMO Donna Young**

Jennifer Dumas Rusty & Sandra Wagner Bobby Lee & Sandy Frerking Jerry Pierce Pamela Nicholson Marlene Mueller Deborah Lippert Stephenie Bauza Beverly Brightwell Jeanette & Elgee Phillips Marlene Lindauer Sue & Paul Sutherland Lynn & Luci Bradley Judy Koch Steven & Maribeth Wissehr James & Margaret Schifferdecker Bruce & Pamela Elser Dave & Sue Hoffmann Jane Bonaldi

#### **IMO Bobbie Smith**

Jane Bonaldi

#### IMO Marilee Black Kent Black

## For Your Prayers

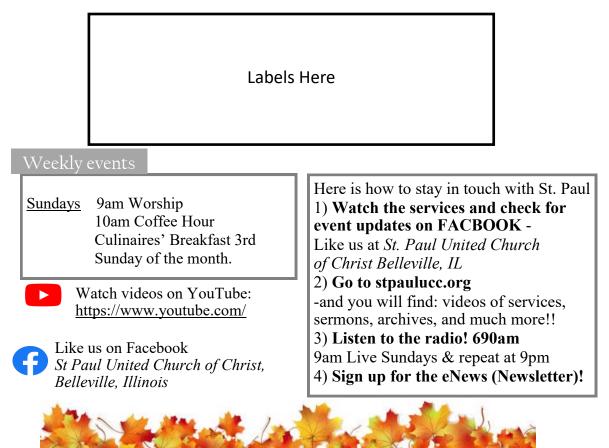
Karen Boeschen	Otto Christopher Kennedy, great nephew of Scott & Lana Gentry	
Lori Coleman	2	
Carol Hotz	Laura Howie, daughter of Jeanette & Elgee Phillips	
Shirley Martin		
Marilyn Dinkelmann	Jane Rogers Betty Rieso	
Debbie McIntyre, daughter of Arline		
Worms	Ethel Klasing, aunt of Jerry Pierce-Heisler	
Scott Schmidt, brother of Steve Schmidt	Colleen Igou, Roger Henke's fiancé	
Mona McAllister	Al Stahl	
Brian Sample, nephew of Kathy Birkner	The family of Jack Olsen	
Christopher Mitchell		

#### PRAYER REQUESTS

Please send prayer requests to: pastormichelle@stpaulucc.org or call 618-233-3303.

#### 115 WEST "B" STREET, BELLEVILLE, IL 62220 PHONE: 618-233-3303 MAIL DATE: **September 29, 2022**

Non Profit Organization U.S. POSTAGE PAID BELLEVILLE, IL PERMIT #17 Return Service Requested



Please Let Us Know! Due to a change in Memorial Hospital's record system, we currently are not able to find out who is in their Belleville or Shiloh locations when we call the Belleville-area hospitals each day. Please have someone (you, your family member, or a chaplain at the hospital) let us know when you are at any of the hospitals on either side of the river. Thank you!